

A Groups Home Learning Ideas

Increasing Independence

Highlighted yellow – resources in the A group folder

Get Up and clean

- Wash your face
- Brushing our teeth: Sequencing Cards Brushing Teeth
- Washing our hands: PowerPoint - All About Washing your hands
 - Washing hands to be practiced throughout the day

Getting dressed

- Choose your own clothes
- Put on your clothes
- Develop fine motor skills by zipping coats, buttoning shirts

Cooking

PowerPoint - Step by Step visual recipes:

- Cooking: Health & Safety
- 1. Toast
- 2. Fairy Cakes
- 3. Orange Chocolate Biscuits

Jobs around the home:

- Wash the dishes

Communication skills

*Auditory versions available

Listening to an adult read

Visual PowerPoints

- The very hungry caterpillar
- The Gruffalo *
- Room on the broom *

Sing and Sign

- PowerPoint 'This is me' – symbol prompt for signs with YouTube.com link on the last slide
- We are working on Hey Mr Blue Sky
https://www.youtube.com/watch?v=u6l4Xytw2_I

Symbols

- Using photos/pictures to communicate wants and choices – cut pictures from books or magazines or from packaging.

Signing

- www.british-sign.co.uk has a sign of the day
- Sign BSL is an excellent app for finding the sign quickly on tablets/phones

<ul style="list-style-type: none"> • Dry the dishes • Hoover a room • Sort laundry 	
<p style="text-align: center;">Playing solo</p>	<p style="text-align: center;">Social Interaction</p>
<p>All of the students have used the following toys/resources:</p> <ul style="list-style-type: none"> • Lego/building blocks • Dominoes • Jigsaws from 4 – 50 pieces (not all the kids) • Jenga • Racing cars • Playdough/Plasticine • Bubbles • Balloons/Balls • Marbles • Hula Hoops • Art projects – painting, Paper Mache, colouring 	<ul style="list-style-type: none"> • Card Games: Snap, Old Maid, Uno • Use playdough to follow the playdough disco hands warm up - https://www.youtube.com/watch?v=DrBsNhwxyzgc • Salt dough to make models: 2 cups of flour, one cup of salt, one cup of water and mix – bake items in the oven • Hand games: rock, paper & scissors; thumb war; clap games • Family games – snakes and ladders, Connect 4, board games • Object permanence games – hide and seek, find the object • Observing your environment – eye spy, What’s changed in the room • Listening – sign the song, what animal made that noise

Health and Wellbeing

Exercise – at least 30 mins a day; all of the below are loved by the children

- Gardening – plant seeds, clean up the outdoor space, water plants
- Yoga - <https://www.youtube.com/watch?v=qr1-RiuS7pw&list=PL8snGkhBF7niNxu5-ED5h3F9D1W3InZuz>
- Wake up, Shake Up - https://www.youtube.com/watch?v=AKlid_e-loE
- Hide and Seek
- Ball games outside
- One mile a day walk

Helpful Tips

Limit screen time

Keep a daily routine – getting dressed, regular meal times, fresh air, maintain personal hygiene routine and appropriate bed times.

Encourage communication, problem solving and independence as often as possible

HAVE FUN!!!